

St. Croix Valley Fastpitch Tryout Procedure 02/13/08

1. Individual Player selection will involve a four-step process as defined below.
 - a) The first step will be an evaluation of the player's basic skills by knowledgeable evaluators in a tryout format. Evaluators shall not evaluate an age group in which they have a child participating. A specific rating system based on evaluation points will be implemented, and players will receive preliminary team assignments based on total points scored during these evaluations, as tabulated by a committee selected prior to tryouts which includes a neutral Executive Board member.
 - b) The second step will be a further evaluation of the players by the coaches in their own age group done through combined team practice sessions and/or scrimmages.
 - c) The third step will involve consultation with the previous year's coaches to provide further input.
 - d) The fourth step will involve the coaches at each level finalizing their team. If a disagreement occurs in the placement of a player, the decision will be made by an arbitration panel consisting of one coach from each of the other age groups. Included in this group would be a consultant coach from the individual's previous year's team.

2. Pitcher selection and placement will involve a four-step process as defined below.
 - a) The first step will be an evaluation of the pitchers basic skills by knowledgeable evaluators in a tryout format. Evaluators shall not evaluate an age group in which they have a child participating. A specific rating system based on evaluation points will be implemented, and players will receive preliminary team assignments based on total points scored during these evaluations, as tabulated by a committee selected prior to tryouts which includes a neutral Executive Board member.
 - b) The second step will be a further evaluation of the pitchers by the coaches in their own age group done through combined team practice sessions and/or scrimmages.

- c) The third step will involve consultation with the previous year's coaches to provide further input.
 - d) The fourth step will involve the coaches at each level finalizing their team. If a disagreement occurs in the placement of a pitcher, the decision will be made by an arbitration panel consisting of one coach from each of the other age groups. Included in this group would be a consultant coach from the individual's previous year's team.
3. Age-level coordinators are responsible for following tryout procedures and guidelines established by the Association and approved by the Executive Board. Deviations from procedures and guidelines must be signed off prior to tryout start; however, weather conditions or other unforeseen situations may permit common-sense dynamic adjustments.

12U Pitching Initial Tryout Format

1. 50 total pitches will be thrown within a 15-minute period. You may use as much of your 15-minute time allotment as needed.
2. Pitchers will be directed to throw 20 pitches in a sequence of 5 inside, 5 outside, 5 high, and 5 low. Then they will be directed to throw 20 pitches in the sequence of change up, fastball, change up, fastball, change up. Two series each of 5 inside and then 5 outside for a total of 20 pitches. You should practice this sequence of pitches before the tryouts.
3. Finally, they will have the option to throw 10 more pitches of their choice, for example: fast ball, change-up, rise, drop, curve, other, after announcing each pitch. There will be multiple evaluators. None of them may have daughters at the 12U level.
4. There will be a batter in the batter's box, and you will throw to a catcher who may or may not be wearing catcher's equipment. The batter will not swing the bat.
5. There will be multiple evaluators. None of them may have daughters at the 12U level.

Evaluation scores are not revealed to anyone outside the team selection committee.

14U Pitching Initial Tryout Format

1. 60 total pitches in three different sequences will be thrown within a 15-minute period. You may use as much of your 15-minute time allotment as needed.
2. In the first sequence pitchers will be directed to throw 20 pitches. Consisting of 5 inside, 5 outside, 5 high, and 5 low.
3. In the second sequence pitchers will be directed to throw 20 pitches. Consisting of change up, fastball, change up, fastball, change up. Thrown as follows 5 inside, 5 outside, 5 inside, and 5 outside.
4. You should practice the two sequences of pitches described above before the tryouts. The two sequences above are mandatory.
5. In the third sequence pitchers will have the **option** to throw 20 more pitches of their choice, for example: fast ball, change-up, rise, drop, curve, other. The pitcher must announce each pitch prior to throwing the pitch.
6. You will throw to a catcher who may or may not be wearing catcher's equipment.
7. There will be a batter in the batter's box. The batter will not swing the bat.
8. There will be multiple evaluators. None of them may have daughters at the 14U level.

Evaluation scores are not revealed to anyone outside the team selection committee.